



# The Goddess Temple

Does your **busy schedule and demanding life** mean '**you**' often fall to the **bottom of the list**?

You are a busy multi-tasking woman, **seeking some time-out**. Press the pause button and stop the to do list; **give yourself a day once per month, to retreat at the Goddess Temple**.

Previous Goddesses describe their time in the Goddess Temple as **"Growing, releasing, gentle, enjoyable and nurturing, a safe space to explore and let go, supportive, sisterhood."**

---

## Why join the Goddess Temple?

**Confidence and freedom** - *"I got so much out of the last Goddess Temple. Fun. Food for thought. An ongoing physical dialogue with my body and **greater confidence and freedom** in moving and expressing."* Naomi 2012

**Do you find it hard to take time out for you? To stop the to do list and press the pause button?**

Goddess Temple women **choose to retreat** from to do lists and the demands of others, to **rediscover** themselves.

Ancient and tribal women have always had a place to meet, a **sacred place for women only**, often known as a temple. The temple provided a safe haven where women could come **learn and experience female community**, a sense of **beauty, space and time for contemplation, sisterhood and teaching**.

We have recreated this **sacred temple space**, where **you can come to develop, release, relax and restore**.

## Your experience

❖ Each month we give ourselves a **whole day rejuvenating in the Goddess temple**.

Learning and applying the wisdom of the Goddess to help us **unlock our own inner Goddess**.

**Spending** time getting to know the **ultimate feminine guide**, wise woman and leader in you.

We'll explore the feminine aspects that **your mother didn't teach** you, the ones that **you didn't learn** at school or in employment and the ones that **your girlfriends missed out on too**.

You will leave **feeling refuelled and rejuvenated by these feminine practices**.

---

## Your Inner Goddess faculty leaders:

Your team Fiona Sturrock and Ruth Wynwick are drawn from our **faculty expert's**. Our faculty live, eat and breathe the work of the feminine and have been working in the field of feminine evolution for over twelve years. Each woman contributes to the growth and evolution of the human transformation movement **one woman at a time**.

Every faculty Goddess leader has **undergone their own development journey**, been both the student and the teacher and continues to invest in their own development. We only work with **the highest calibre** of Goddess leader and we have rigorous selection and training requirements.

Each one brings a unique perspective and excitement to our work and all are **guides on your journey as you claim Your Inner Goddess**.

---

## The Goddess Temple – Feminine Spirit.

**One Saturday** per month, 09.30 - 16.45pm, Covent Garden,  
**Optional 60 minute virtual temple** to refuel mid-flight.

### Temple Dates

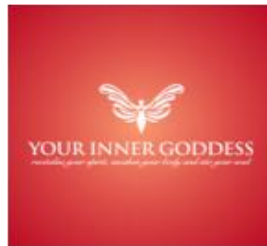
**Spring/Summer** Saturday - March 23rd, April 20th, May 18th,  
June 15th, July 6<sup>th</sup>, Sunday July 23<sup>rd</sup>

**Autumn/Winter** Saturday - August 31st, Sept 21st, October  
12th, November 2nd, November 23rd, December 7th

**6 temple days early bird: £600 payment by March 3rd**

Full payment: £645 from March 5<sup>th</sup> \* **Payment plans available**

**12 temple days early bird: £995**. Full price £1,290  
Email: [info@yourinnergoddess.co.uk](mailto:info@yourinnergoddess.co.uk) to register.



## Your Inner Goddess

She is decadent, deep, sensual and wise; **she knows what she wants and achieves it with ease**; your inner Goddess **takes a stand for joy, pleasure, radiance and beauty in your life.**

She is courageous and committed to you living life to the full; she is **the part of you that dares to desire** and the part of you which demands you **fulfil your desires.**

Allow Your Inner Goddess to emerge by joining one of our Goddess Temple programs.

### The Goddess Temple Praise and Rave Reviews



**"Feel like your womanhood got an MOT"**

**"I've been walking in my masculine energy for a long time, and had no idea that I was doing this. Being more aware and connecting with the feminine, allowing / receiving, has changed the way I am. Life seems simpler.... my connections ... more rich. Who knew! Leave your left brain behind, and come prepared to be surprised and amazed at what is possible. .... you will embark on a powerful journey. You will laugh, you will cry, but you will walk away from this feeling like your womanhood got an MOT"** Catherine Stacy Magg, VP



**"Very nourishing"**

**"This is a very nourishing and deeply powerful experience to help busy women to reconnect back to being feminine and celebrating their natural feminine power. It is highly experiential and beautifully facilitated.... a deep level of support and a well-coordinated, fun series of workshops. It is ideal for women who have busy careers and sometimes feel disconnected to their feminine side. I highly recommend it."** Nicky Moran, Certified Life Coach CPCC



**"Much calmer & empowered"**

**"I feel different and much, much calmer and empowered. Amazing and close connection to the energy of the goddess. Having a Goddess in you is not a choice - we all have gorgeous Goddesses in us. The choice is whether you are willing to connect with your inner goddess energy and bring it into life to guide you, to empower you, to indulge you in abundance of love and through that to make the world around you more beautiful. "** Irina Shigidina, Regional Product Manager



**"Space to recharge"**

**"For me the Goddess temple has been such a beautiful, nurturing and exploratory space where I've been able to gently allow out my delicate and slightly shy feminine side. It's given me a space to recharge and the opportunity to develop my self expression. I'm taking from it a renewed sense of the power of the feminine and a desire to continue more of this work. Thank you for creating such a precious and loving environment."** Sarah Llyod Hughes, Ginger Training & Coaching Ltd



**"You are enough and gorgeous"**

**"The goddess temple is a safe space, where you can express and explore your feminine energies without any judgment. You'll become aware of how strong your femininity really is and how much your sensuality and fragility can help you understand yourself better and communicate your feelings, emotions more confidently with others. The goddess temple is a great place to just be and express all of you just as you are. You'll find out that as you are, you are enough and gorgeous."** Silke Zetzsche, Sales Manager